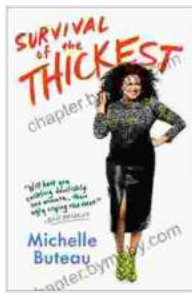


Survival of the Thickest: Essays

I'm a fat woman. I've been fat since I was a child. And I've spent my entire life being told that I'm not good enough because of it.



Survival of the Thickest: Essays by Michelle Buteau

★★★★☆ 4.6 out of 5

Language	: English
File size	: 11556 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 303 pages



I've been told that I'm lazy, that I'm unhealthy, that I'm unattractive. I've been told that I should be ashamed of my body.

But I'm not ashamed of my body. I'm proud of it. It's the only body I have, and it's the body that I've learned to love.

This book is a collection of essays that explore the challenges and triumphs of growing up in a world that often feels hostile to fat people. It's a book about body positivity, self-acceptance, and the power of community.

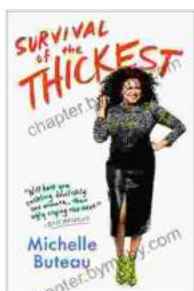
I hope that this book will help you to see your own body in a new light. I hope that it will empower you to love your body, no matter what size it is.

You are not alone.

Essays included in this collection:

- On Being Fat
- The Body Politic
- The Power of Community
- Love Your Body

Free Download your copy of Survival of the Thickest today!

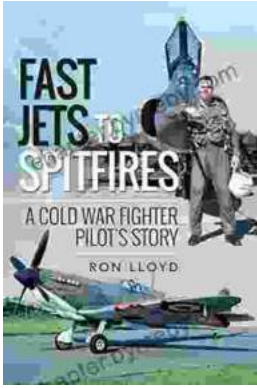


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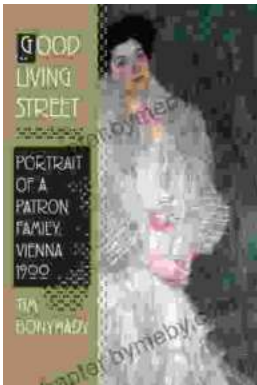
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