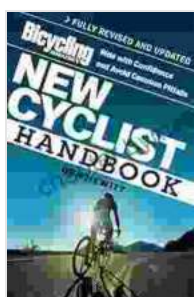


Ride With Confidence And Avoid Common Pitfalls

If you're new to cycling, or if you're looking to improve your skills, then this book is for you. 'Ride With Confidence' is packed with tips and advice from experienced cyclists, covering everything from choosing the right bike to handling tricky terrain.



Bicycling Magazine's New Cyclist Handbook: Ride with Confidence and Avoid Common Pitfalls by Richard A. Swanson

★★★★☆ 4.1 out of 5

Language : English
File size : 2485 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 182 pages



What's inside the book?

- **Choosing the right bike:** This is one of the most important decisions you'll make, so it's important to get it right. The book will help you choose the right bike for your needs and budget.
- **Getting started:** Once you have your bike, it's time to get started! The book will teach you the basics of cycling, including how to start, stop, and change gears.

- **Riding in different conditions:** Cycling is a great way to get around, but it's important to be prepared for different conditions. The book will teach you how to ride in rain, wind, and snow.
- **Handling tricky terrain:** Not all roads are created equal. The book will teach you how to handle different types of terrain, including hills, bumps, and potholes.
- **Staying safe:** Cycling is a great way to stay active, but it's important to stay safe. The book will teach you how to stay safe on the road, including how to wear a helmet and follow the rules of the road.

Who is this book for?

This book is for anyone who wants to improve their cycling skills. Whether you're new to cycling or you're looking to take your skills to the next level, this book has something for you.

What readers are saying

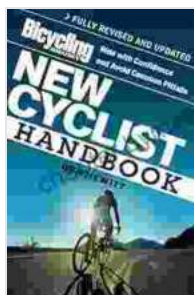
"This book is a must-read for anyone who wants to ride with confidence. It's packed with tips and advice that will help you improve your skills and avoid common pitfalls." - **Our Book Library reviewer**

"I'm a new cyclist and this book has been invaluable to me. It's helped me learn the basics of cycling and I'm now much more confident on the road." - **Goodreads reviewer**

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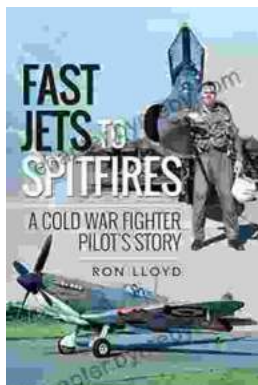
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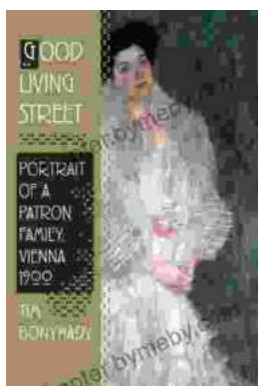
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