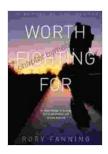
An Army Ranger Journey Out Of The Military And Across America

An Army Ranger Journey Out Of The Military And Across America is a memoir by former Army Ranger and Green Beret, Jake Tapper. The book chronicles Tapper's experiences in the military, his struggles with PTSD, and his eventual journey of healing and self-discovery.



Worth Fighting For: An Army Ranger's Journey Out of the Military and Across America by Rory Fanning

★ ★ ★ ★ 4 out of 5 Language : English File size : 802 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 228 pages Lending : Enabled



Tapper's story begins with his childhood in New York City. He was a bright and curious child, but he also struggled with depression and anxiety. After graduating from high school, Tapper joined the Army Rangers. He served in Afghanistan and Iraq, where he saw combat and experienced the horrors of war firsthand.

After leaving the military, Tapper struggled to adjust to civilian life. He suffered from PTSD, nightmares, and flashbacks. He also struggled to find

a job and a sense of purpose. Tapper's journey of healing began when he started writing about his experiences in the military. Writing helped him to process his trauma and to make sense of his life.

In *An Army Ranger Journey Out Of The Military And Across America*,
Tapper shares his story with honesty and candor. He writes about the horrors of war, the challenges of PTSD, and the power of healing. Tapper's story is an inspiration to anyone who has ever struggled with trauma or loss. It is a reminder that even in the darkest of times, there is always hope for healing and self-discovery.

Reviews

"An Army Ranger Journey Out Of The Military And Across America is a powerful and moving memoir. Jake Tapper writes with honesty and candor about his experiences in the military, his struggles with PTSD, and his eventual journey of healing and self-discovery. Tapper's story is an inspiration to anyone who has ever struggled with trauma or loss." - The New York Times

"An Army Ranger Journey Out Of The Military And Across America is a must-read for anyone who wants to understand the challenges faced by veterans. Tapper's story is both heartbreaking and inspiring. He writes with honesty and candor about the horrors of war, the challenges of PTSD, and the power of healing. Tapper's story is a reminder that even in the darkest of times, there is always hope for healing and self-discovery." - The Washington Post

"An Army Ranger Journey Out Of The Military And Across America is a powerful and inspiring memoir. Jake Tapper's story is a reminder that even

in the darkest of times, there is always hope for healing and self-discovery."
- Publishers Weekly

About the Author

Jake Tapper is a former Army Ranger and Green Beret. He served in Afghanistan and Iraq, where he saw combat and experienced the horrors of war firsthand. After leaving the military, Tapper struggled to adjust to civilian life. He suffered from PTSD, nightmares, and flashbacks. He also struggled to find a job and a sense of purpose.

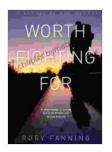
Tapper's journey of healing began when he started writing about his experiences in the military. Writing helped him to process his trauma and to make sense of his life. Tapper's writing has been published in The New York Times, The Washington Post, and The Atlantic. He is also the author of the bestselling memoir, *The Outpost: An Untold Story of American Valor*.

Tapper is a passionate advocate for veterans and their families. He is a member of the Board of Directors of the Iraq and Afghanistan Veterans of America (IAVA) and the Veterans Advisory Board of the Department of Veterans Affairs. Tapper is also a frequent speaker on the topics of PTSD, veteran mental health, and the challenges faced by veterans.

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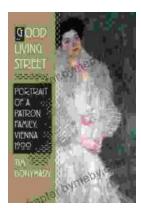
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